2 WEEKS READY

BUILD KITS

Plan to be on your own for at least **2 weeks**

- Water (1 gallon per person, per day)
- Food (non-perishable)
- Comfort/ entertainment
- Medical equipment
- Glasses/ eye care
- First aid kit
- Can opener
- Sturdy shoes
- NOAA alert radio
- Extra batteries
- Flashlight
- Warm clothes
- Personal hygiene items
- Fire extinguisher

- Tools
- Pet supplies
- Cash
- Toilet paper
- Medications
- Identification & important documents

! *Keep at least 2 weeks of supplies in your home. Have smaller kits for work, for every family member, and pets. Have a vehicle safety kit too.*

BE PREPARED

MAKE A PLAN

Determine an accessible meeting place in case you have to leave your home or work, so you can reunite your family.

LEARN ABOUT DISASTER PLANS FOR

- Your work
- Your children's school
- Your medical and/or transportation provider
- Other places where your family spends time

Check with your local emergency management office to:

- **find out what hazards could affect your home and place of work**
- **sign up for emergency alerts and notifications**
- **identify your local emergency alert system (EAS) radio stations**
- **know your evacuation and alternate transportation routes**

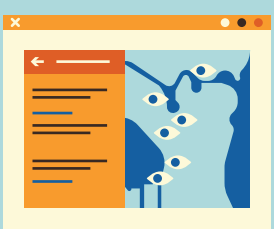
DEVELOP A COMMUNICATIONS PLAN

- Write down emergency contact information
- Texts are more likely to go through
- Have an extra cell phone charger and batteries
- An out-of-area contact can serve as a relay point for family communication

HELP EACH OTHER

Know how you'll help people and pets who normally rely on you

Form a neighborhood group: for examples and suggestions, see Map your Neighborhood at: bifd.org/map-your-neighborhood.aspx



Help organizations in your neighborhood that may need support during a disaster

Attend free disaster skills workshops offered by your local emergency management office and learn basic survival skills

MYN Map Your Neighborhood

CERT COMMUNITY EMERGENCY RESPONSE TEAM

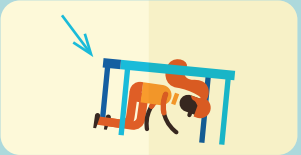
CITY OF BAINBRIDGE ISLAND

ACTIONS TO TAKE DURING A QUAKE

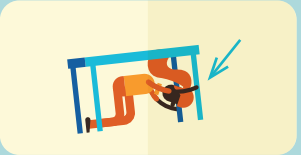
The Great Washington Shake Out

DURING THE SHAKING

DROP



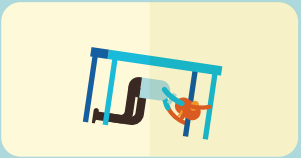
COVER



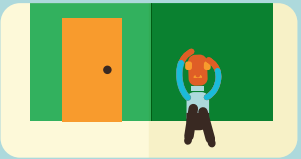
AND HOLD ON

If there is no table around, get lower than the other furniture.

THINK



BENEATH



BESIDE

BETWEEN

AFTER THE SHAKING

CHECK YOUR BUILDING:

- For structural damage
- Shut off the water at the main valve
- **Shut off gas <u>only</u> if you:**
  - Smell natural gas
  - Hear hissing
  - See the dial spinning rapidly

- Check for injuries and apply basic first aid
- Leave building if unsafe
- Help your neighbors

FOR MORE INFORMATION

- Local television
- Your local Emergency Management office
- **Emergency radio stations**
  NOAA weather radio channels

Twitter **@cityofbi**

Facebook **facebook.com/citybainbridgeisland**